

Book Recommendations for When We are Grieving

Quiet Oaks Fellowship for All

December 9, 2025

How to Carry What Can't Be Fixed: A Journal for Grief

Megan Devine

It's OK That You're Not OK: Meeting Grief and Loss in a Culture That Doesn't Understand

Megan Devine

The Funny Thing about Grief

by Katie Stifter

Pockets of Joy: Deciding to Be Happy, Choosing to Be Free

by Roxane Battle and Jarod Sidney Jackson

A Crazy, Holy Grace: The Healing Power of Pain and Memory

by Frederick Buechner

The Cure for Sorrow: A Book of Blessings for Times of Grief

by Jan Richardson

Sparrow: A Book of Life and Death and Life

by Jan Richardson

A Grief Observed

C.S. Lewis

If You're Grieving,

by Jacqueline Whitney

A Widow's Journey: Reflections on Walking Alone

by Gayle Roper

Permission to Mourn: A New Way to Do Grief

Tom Zuba

Becoming Radiant: A New Way to Do Life following the "death" of a beloved

Tom Zuba

A Decembered Grief: Living with Loss While Others are Celebrating

by Harold Ivan Smith (shared quote “Healing is allowing joy to enter pain.”)

Song of a Wounded Heart: Regaining Hope and Trust After Personal Tragedy: The Incredible True Life Story of a Woman Who Lost Everything

by Lora Jones

Now That She's Gone: A Daughter's Reflections on Loss, Love, and a Mother's Legacy – A Grief and Healing Book for Women

by Chelsea Ohlemiller

For Children (and adults- we know how this works!)

The Invisible String

Patrice Karst

The Invisible String Workbook: Creative Activities to Comfort, Calm, and Connect

Patrice Karst

The Memory Box: A Book About Grief

by Joanna Rowland (Author), Thea Baker (Illustrator)

The Rabbit Listened

Cori Doerrfeld (Author, Illustrator)

In My Heart: A Book of Feelings

by Jo Witek (Author), Christine Roussey (Illustrator)